

# LENTEN HOPE: FOOD DONATION DRIVE



**ST GEORGE'S ANGLICAN CHURCH, TRAVANCORE**

**BRIGIDINE ASYLUM SEEKER PROJECT**

Shopping list is on the website.

Collecting every Sunday.

Last collection Sunday 6th April.



[stgeorge.org.au](http://stgeorge.org.au)

# Shopping List for St George's LENTEN food collection

## BASICS

Sugar  
Tea  
Coffee (small jars)

Olive oil  
Vegetable oil

Basmati rice  
Noodles  
Pasta (small shapes)

Tinned fish - tuna, salmon  
Long life milk  
Flat bread (in vacuum sealed bag)

## CLEANING

Shampoo  
Shaving cream  
Shavers  
Toothpaste and toothbrushes  
Soap  
Deodorant

Washing powder  
Dish detergent  
Household cleaners  
Garbage bags  
Bin liners  
Gladwrap  
Tinfoil

## SPICES and SNACKS

Spices - salt and pepper  
Coriander, cumin, cardamom,  
cinnamon, ginger, chilli, curry  
powder

Dried fruit - dates, apricots

Nuts - cashews, almonds,  
peanuts

Biscuits - sweet and savoury

Play lunch snacks

Jam (esp red jam)

Honey (very appreciated)

## REFRIGERATED ITEMS

Cheddar cheese - block or slices  
Eggs

*Please buy these just before 6 APR*